

## Planning 2026-2027 (versie Aug-26)

|            |    |    | Jeugdopleidingen                              |                     |                     |                  |                            |                       |                                          |                        |                 |                                          |            |            |            |            |
|------------|----|----|-----------------------------------------------|---------------------|---------------------|------------------|----------------------------|-----------------------|------------------------------------------|------------------------|-----------------|------------------------------------------|------------|------------|------------|------------|
|            | LW | KW | Snorkelen                                     | Perslucht A Groep 1 | Perslucht A Groep 2 | Jong Volwassenen | Specials                   | Volwassenen           |                                          | Toezichthouder zwembad |                 |                                          |            |            |            |            |
| Tijdstip   |    |    | 19.00u - 19.50u                               |                     | 19.50u - 20.40u     |                  |                            | 20.40u - 21.30u       |                                          | 19.00u - 20.15u        | 20.15u - 21.30u | Datum                                    |            |            |            |            |
| 25-08-2026 | 1  | 34 | Introductieles                                |                     |                     |                  |                            | Vrij thema            | Jan vd H                                 | Leonie                 | Paul V.         | 25-08-2026                               |            |            |            |            |
| 01-09-2026 | 2  | 35 |                                               |                     |                     |                  |                            | Vrij thema            | Hans                                     | Chantal                | Femke           | 01-09-2026                               |            |            |            |            |
| 08-09-2026 | 3  | 36 |                                               |                     |                     |                  |                            | Coopertest 1          | Ad                                       | Jan van V.             | Jurgen          | 08-09-2026                               |            |            |            |            |
| 15-09-2026 | 4  | 37 |                                               |                     |                     |                  |                            | Adembeheersing 1      | Remco                                    | Sophie                 | Sabina          | 15-09-2026                               |            |            |            |            |
| 22-09-2026 | 5  | 38 |                                               |                     |                     |                  |                            | Adembeheersing 2      | Jeroen                                   | Berry                  | Jan V.          | 22-09-2026                               |            |            |            |            |
| 29-09-2026 | 6  | 39 |                                               |                     |                     |                  |                            | Adembeheersing 3      | Tamara                                   | Jennifer               | Carla           | 29-09-2026                               |            |            |            |            |
| 06-10-2026 | 7  | 40 |                                               |                     |                     |                  |                            | Redden/vervoeren 1    | Jan vd H                                 | Ryan                   | Raymond         | 06-10-2026                               |            |            |            |            |
| 13-10-2026 | 8  | 41 |                                               |                     |                     |                  | Sjors Sportief             |                       | Redden/vervoeren 2                       | Hans                   | Cretienne       | Marus                                    | 13-10-2026 |            |            |            |
| 20-10-2026 |    | 42 |                                               |                     |                     |                  | Herfstvakantie             |                       |                                          |                        |                 |                                          |            |            | 20-10-2026 |            |
| 27-10-2026 | 9  | 43 |                                               |                     |                     |                  |                            |                       |                                          |                        |                 | Training Toezichthouder Zwembad - Update |            | Ad         | Peter      | 27-10-2026 |
| 03-11-2026 | 10 | 44 |                                               |                     |                     |                  |                            |                       |                                          |                        |                 | Bevrijden 1                              | Remco      | Anнемieke  | Willy v B. | 03-11-2026 |
| 10-11-2026 | 11 | 45 | Sjors Sportief                                |                     | Bevrijden 2         | Jeroen           |                            |                       |                                          |                        | Wouter          | Jaimy                                    | 10-11-2026 |            |            |            |
| 17-11-2026 | 12 | 46 |                                               | Bevrijden 3         | Tamara              | Michael          |                            |                       |                                          |                        | Annemijn        | 17-11-2026                               |            |            |            |            |
| 24-11-2026 | 13 | 47 |                                               | Vrij thema          | Jan vd H            | Paul V.          |                            |                       |                                          |                        | Sven            | 24-11-2026                               |            |            |            |            |
| 01-12-2026 | 14 | 48 |                                               |                     |                     |                  |                            | Diverse techn. 1      | Hans                                     | Femke                  | Michael         | 01-12-2026                               |            |            |            |            |
| 08-12-2026 | 15 | 49 |                                               |                     |                     |                  |                            | Diverse techn. 2      | Ad                                       | Jurgen                 | Chantal         | 08-12-2026                               |            |            |            |            |
| 15-12-2026 | 16 | 50 |                                               |                     |                     |                  |                            | Intensieve interval 1 | Remco                                    | Jan V.                 | Jan van V.      | 15-12-2026                               |            |            |            |            |
| 22-12-2026 |    | 51 |                                               |                     |                     |                  | Kerst & Oud en Nieuw       |                       |                                          |                        |                 |                                          |            |            | 22-12-2026 |            |
| 29-12-2026 |    | 52 |                                               |                     |                     |                  |                            |                       |                                          |                        |                 |                                          |            |            | 29-12-2026 |            |
| 05-01-2027 | 18 | 1  |                                               |                     |                     |                  |                            | Intensieve interval 3 | Jeroen                                   | Carla                  | Sophie          | 05-01-2027                               |            |            |            |            |
| 12-01-2027 | 19 | 2  |                                               |                     |                     |                  | Sjors Sportief             |                       | Intensieve interval 3                    | Tamara                 | Raymond         | Berry                                    | 12-01-2027 |            |            |            |
| 19-01-2027 | 20 | 3  |                                               |                     |                     |                  |                            |                       | Coopertest 2                             | Jan vd H               | Marus           | Leonie                                   | 19-01-2027 |            |            |            |
| 26-01-2027 | 21 | 4  |                                               |                     |                     |                  |                            |                       | Nachtduiken                              | Hans                   | Esther          | Ryan                                     | 26-01-2027 |            |            |            |
| 02-02-2027 | 22 | 5  |                                               |                     |                     |                  |                            |                       | Training Toezichthouder Zwembad - Update |                        | Ad              | Willy v B.                               | Cretienne  | 02-02-2027 |            |            |
| 09-02-2027 |    | 6  | Carnaval                                      |                     |                     |                  |                            | Vrij thema            |                                          |                        |                 | 09-02-2027                               |            |            |            |            |
| 16-02-2027 | 23 | 7  |                                               |                     |                     |                  |                            | Adembeheersing 1      | Remco                                    | Jaimy                  | Peter           | 16-02-2027                               |            |            |            |            |
| 23-02-2027 | 24 | 8  |                                               |                     |                     |                  |                            | Adembeheersing 2      | Jeroen                                   | Annemijn               | Anнемieke       | 23-02-2027                               |            |            |            |            |
| 02-03-2027 | 25 | 9  |                                               |                     |                     |                  |                            | Adembeheersing 3      | Tamara                                   | Sven                   | Wouter          | 02-03-2027                               |            |            |            |            |
| 09-03-2027 | 26 | 10 |                                               |                     |                     |                  |                            | Buddytechniek 3       | Jan vd H                                 | Ryan                   | Jennifer        | 09-03-2027                               |            |            |            |            |
| 16-03-2027 | 27 | 11 |                                               |                     |                     |                  |                            | Vrij thema            | Hans                                     | Chantal                | Paul V.         | 16-03-2027                               |            |            |            |            |
| 23-03-2027 | 28 | 12 |                                               |                     |                     |                  |                            | Buddytechniek 1       | Ad                                       | Jan van V.             | Femke           | 23-03-2027                               |            |            |            |            |
| 30-03-2027 | 29 | 13 |                                               |                     |                     |                  |                            | Buddytechniek 2       | Remco                                    | Sophie                 | Jurgen          | 30-03-2027                               |            |            |            |            |
| 06-04-2027 | 30 | 14 |                                               |                     |                     |                  |                            | Buddytechniek 3       | Jeroen                                   | Berry                  | Sabina          | 06-04-2027                               |            |            |            |            |
| 13-04-2027 | 31 | 15 |                                               |                     |                     |                  |                            | Vrij thema            | Tamara                                   | Leonie                 | Jan V.          | 13-04-2027                               |            |            |            |            |
| 20-04-2027 | 32 | 16 |                                               |                     |                     |                  |                            | Vrij thema            | Jan vd H                                 | Jennifer               | Carla           | 20-04-2027                               |            |            |            |            |
| 27-04-2027 |    | 17 | Meivakantie                                   |                     |                     |                  |                            |                       |                                          |                        |                 | 27-04-2027                               |            |            |            |            |
| 04-05-2027 |    | 18 |                                               |                     |                     |                  |                            |                       |                                          |                        |                 | 04-05-2027                               |            |            |            |            |
| 11-05-2027 | 33 | 19 |                                               |                     |                     |                  |                            | Trimmen 1             | Hans                                     | Cretienne              | Raymond         | 11-05-2027                               |            |            |            |            |
| 18-05-2027 | 34 | 20 |                                               |                     |                     |                  |                            | Trimmen 2             | Ad                                       | Peter                  | Marus           | 18-05-2027                               |            |            |            |            |
| 25-05-2027 | 35 | 21 |                                               |                     |                     |                  |                            | Trimmen 3 (P.U.)      | Remco                                    | Anнемieke              | Esther          | 25-05-2027                               |            |            |            |            |
| 01-06-2027 | 36 | 22 |                                               |                     |                     |                  |                            | Snorkeltechniek 1     | Jeroen                                   | Wouter                 | Willy v B.      | 01-06-2027                               |            |            |            |            |
| 08-06-2027 | 37 | 23 |                                               |                     |                     |                  |                            | Snorkeltechniek 2     | Tamara                                   | Michael                | Jaimy           | 08-06-2027                               |            |            |            |            |
| 15-06-2027 | 38 | 24 |                                               |                     |                     |                  |                            | Vrij thema            | Jan vd H                                 | Paul V.                | Annemijn        | 15-06-2027                               |            |            |            |            |
| 22-06-2027 | 39 | 25 |                                               |                     |                     |                  |                            | Vrij thema            | Hans                                     | Femke                  | Sven            | 22-06-2027                               |            |            |            |            |
| 29-06-2027 | 40 | 26 |                                               |                     |                     |                  |                            | Vrij thema            | Ad                                       | Jurgen                 | Michael         | 29-06-2027                               |            |            |            |            |
| 06-07-2027 | 41 | 27 |                                               |                     |                     |                  |                            | Vrij thema            | Remco                                    | Jan V.                 | Chantal         | 06-07-2027                               |            |            |            |            |
| 13-07-2027 | 42 | 28 |                                               |                     |                     |                  | OPEN HUIS - FAMILIEZWEMMEN |                       |                                          |                        |                 |                                          | Carla      | Jan van V. | 13-07-2027 |            |
| 20-07-2027 | 43 | 29 | Laatste dinsdagavond seizoen - met een borrel |                     |                     |                  |                            | Jeroen                | Raymond                                  | Sophie                 | 20-07-2027      |                                          |            |            |            |            |

**Afmelden graag vooraf bij desbetreffende trainer/instructeur:**

|                                                  |               |                        |
|--------------------------------------------------|---------------|------------------------|
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Friendly reminder: Kar netjes opruimen